



Unique Sports Academy
109 Post Office Road Suite D, Waldorf, MD 2069
Gym Number: (301) 396-4934
Lisa Shaw - Owner/Operator

CHEER EXTREME MARYLAND TRYOUT PACKET

Welcome to the 2022-2023 CEA Tryouts!

Online Registration Only:

[Register Here!](#)

- ★ **READ, Initial, Sign & Date the "Cheer Extreme Try Out" release form**
- ★ **Early Bird Registration Fee \$50- Ends Thursday, May 19, 2022**
- ★ **On Time Registration Fee \$60 - Starts Friday, May 20, 2022**
- ★ **All outstanding debts must be paid in full to be eligible to tryout**

2022-2023 CEA MARYLAND TRYOUT SCHEDULE

Official Tryout Dates:

Levels 5-6 Friday, May 20 6-8:30
Levels 1-2 Saturday, May 21 1:30-3:30
Levels 3-4 Saturday, May 21 4:30-6:30
Callbacks Sunday, May 22 2:00-7:30
Worlds- Shade: Friday, May 20 6-8:30
Worlds-Gossip Girls NT: Wednesday, May 25 6:00-8:00
(Make Up Thursday, May 26 6:00-8:00)

All Make Up Evaluations: Tuesday, May 24 and Wednesday, May 25 6:00 - 8:00

Cheer Questions - Email: cea-md@uniquesportsacademy.com
Financial Questions Email: payments@uniquesportsacademy.com

What to expect on Tryout Day

- ★ Try Out Apparel – Fitted top/shorts, no loose-fitting clothing, hair pulled up/back, cheer shoes or light-weight sneakers.
- ★ 1 Family member may stay to watch tryouts but must sit in the bleacher area and must leave once your child has completed tryouts.
- ★ Your child will receive a try out number, an information letter, and a gift after tryouts. The letter will explain announcements of Training Teams.
- ★ Athletes Evaluated as follows:
 - Tumbling Difficulty & Technique
 - Tumbling on count
 - Jump technique
 - Showmanship
 - Athleticism
 - Able to apply instruction
 - Coaches will inquire about an Athlete’s Stunting Background
 - New/very young athletes will be made to feel comfortable if they have No or Newer Skills.

TRYOUT DAY: Athletes will try-out by level. They will demonstrate the following skills on tryout day. Please review our all-star tumble technique videos available below.

- 1) Hardest running pass, followed by a second pass if desired.
- 2) Hardest standing tumbling skill, followed by a second standing tumbling skill connected to jumps (if applicable in the level).
- 3) Jumps (1 Toe Touch connected to tumbling if required in the level and 1 Hurdle/Toe touch Jump Combination...non-tumble will show a single hurdle and double toe combo)
- 4) Flyers will show body positions on the floor - Bases and back spots will be asked what positions they prefer. The more positions mastered, the more chances there are to make a desired team.

[Level 6 Advance](#)

[Level 5 Advance](#)

[Level 4 Advance](#)

[Level 3 Elite](#)

[Level 2 Elite](#)

[Level 1 Elite](#)

Save The Dates:

- **Monday, May 30 -- Announcement of Training Teams:**
- Your child's tryout number will be posted on our website. Informative letter explaining details given out at tryouts. (Training Times/Days posted this day as well)
- FYI – Summer Training is usually only held Monday-Thursday. Each team will train one or two of those **days**. Summer Clinics may fall on a weekend.

- **Tuesday, May 31 and Wednesday, June 1 Available Zoom Meetings - Financial Information.**
- Details will be posted on Monday, May 30 under Training Teams (See #1 above)
- **Monday, June 6 -- Summer Training Starts that week**
- **Wednesday, June 22, 2022 - TEAL REVEAL:**
- We will have an in-house event where athletes can celebrate their team placement. When an athlete is placed on a team, they are expected to maintain the skills that contributed to their placement. All vital information on summer practices, specific Skill Clinic and Routine Clinic Dates, etc.
- Starting June 27, 2022, practices will be with the team(s) assigned during the Teal Reveal. New days/times may be applicable to your athletes' teams starting the week of July 11.
- **Friday, July 1 – Sunday, July 10. Summer Gym Closing (Gym Closed for All Trainings and Classes)**

Team Clinics Information:

(SKILLS CLINICS & ROUTINE CLINICS ARE MANDATORY FOR ATHLETES)

- ★ **Mandatory Team Skills (Stunt/Pyramid) Clinic:**
July 17 – July 22 or July 24 – July 29
(This is broken up by Teams/Times)

- ★ **Mandatory Team Routine Clinic:**
August 5 – August 14
(This is broken up by Teams/Times)

Tumbling Skills Per Level:

In order to solidify a spot within a specific level (in addition to being able to stunt at that level) athletes must have MASTERED most of the skills with asterisks in the graph below. We understand not all skills will be mastered but they should not be arriving with just one skill in the Try Out Level. Mastery comes from having correct body positioning, timing, speed, approach & landing. Other skills listed are those allowed within the level. The most difficult and technically sound skills should be demonstrated at tryouts. Athletes will show a minimum of 2 standing & 2 running passes. If a roster cannot be fully comprised of 100% or the athletes having the skills, the remainder of the roster may be determined by specific stunting skills/positions needed for each team by the coaches. In order to progress to the next level, it is assumed that you have all of the asterisks of the prior levels as some times those skills are required for choreography.

| CEA Maryland Tumble Level Breakdown | | | |
|---|---|--|--|
| <p>LEVEL 1 NOVICE</p> <ul style="list-style-type: none"> •Forward Roll attempt* •Cartwheel attempt* •Handstand attempt* <p>LEVEL 1 PREP</p> <ul style="list-style-type: none"> •Forward Roll* •Cartwheel* •Backbend* •Handstand Fall to Bridge* •Back Bend Kickover attempt* •Back Walkover attempt* •Front Walkover attempt* | <p>LEVEL 1</p> <ul style="list-style-type: none"> •Back Walkover* •3 Back Walkovers in a row* •Switch Leg Back Walkover* •Cartwheel Back Walkover* •Front Walkover* •Roundoff* | <p>LEVEL 2 PREP</p> <ul style="list-style-type: none"> •Back Handspring* •Roundoff Backhandspring* •Cartwheel Backhandspring* | <p>LEVEL 2 & 4.2</p> <ul style="list-style-type: none"> •Back Walkover BHS* •BHS Stepout* •Roundoff 2 Backhandsprings* •Front Walkover RO BHS* •Front Handspring, BHS* •Stepout BWO BHS, Other* •Combo Passes* |
| <p>LEVEL 3</p> <ul style="list-style-type: none"> •BWO 2 BHS or Standing 3* •BHS (on count)* •Toe Touch 3 BHS* •Roundoff Tuck* •Punch Front Tuck* •Combination pass through to Roundoff BHS Tuck (including but not limited to aerial, Front Walkover, etc.)* | <p>LEVEL 4</p> <ul style="list-style-type: none"> •Standing Tuck* •Toe Backhandspring Tuck* •Standing 2 BHS to Tuck* •Roundoff BHS Layout* •Combination pass through to Roundoff BHS Layout (including but not limited to Front Walkover, Whip, Punch Front, etc.)* | <p>LEVEL 5</p> <ul style="list-style-type: none"> •Toe Touch Back Tuck* •Two to Layout* •Roundoff BHS Full* •Standing BHS Whip to 2 BHS Tuck/Layout* •Combination pass through to Roundoff BHS Full (including but not limited to Front Walkover, Whip, RO Arabian stop, Punch Front, etc.)* | <p>LEVEL 6</p> <ul style="list-style-type: none"> •Toe Touch Back Tuck* •1 or 2 BHS to Full* •Combination pass to Full* •Double Full* •Combination pass to Double Full* •Standing Full or Toe Full* •Standing to Double* •Standing Combo to Double* |

USASF AGE GRID 2022/23 Season Grids!

The USASF was created in 2002 to unify the all-star cheer industry with a specific set of rules. Divisions are governed by age/birth year. **Updated 4/26/22!**

| USASF All Star Cheer ELITE TIER CLUB Divisions 2022-2023 | | | | | | |
|---|-------------------------------|-------------------|--------------|---|--------------------|-----------------------|
| US Model Target Ages | INT. Model Target Ages | Birth Year | Level | Division | Female/Male | Number on Team |
| 5-6 years old | 6-7 years old | 2015-2017 | 1 | Tiny | Female/Male | 5-30 Members |
| 6-8 years old | 7-9 years old | 2013-2016 | 1 | Mini | Female/Male | 5-30 Members |
| 6-11 years old | 7-12 years old | 2010-2016 | 1 | Youth | Female/Male | 5-30 Members |
| 7-15 years old | 8-16 years old | 2006-2015 | 1 | Junior | Female/Male | 5-30 Members |
| 12-18 years old | 13-19 years old | 6/1/03-2010 | 1 | Senior | Female/Male | 5-30 Members |
| 6-8 years old | 7-9 years old | 2013-2016 | 2 | Mini | Female/Male | 5-30 Members |
| 6-11 years old | 7-12 years old | 2010-2016 | 2 | Youth | Female/Male | 5-30 Members |
| 7-15 years old | 8-16 years old | 2006-2015 | 2 | Junior | Female/Male | 5-30 Members |
| 12-18 years old | 13-19 years old | 6/1/03-2010 | 2 | Senior | Female/Male | 5-30 Members |
| 6-11 years old | 7-12 years old | 2010-2016 | 3 | Youth | Female/Male | 5-30 Members |
| 7-15 years old | 8-16 years old | 2006-2015 | 3 | Junior | Female/Male | 5-30 Members |
| 12-18 years old | 13-19 years old | 6/1/03-2010 | 3 | Senior | No Males | 5-30 Members |
| 12-18 years old | 13-19 years old | 6/1/03-2010 | 3 | Senior Co-Ed | 1 or more Males | 5-30 Members |
| 8-11 years old | 9-12 years old | 2010-2014 | 4 | Youth | Female/Male | 5-30 Members |
| 8-15 years old | 9-16 years old | 2006-2014 | 4 | Junior | Female/Male | 5-30 Members |
| 12-18 years old | 13-19 years old | 6/1/03-2010 | 4 | Senior | No Males | 5-30 Members |
| 12-18 years old | 13-19 years old | 6/1/03-2010 | 4 | Senior Co-Ed | 1 or more Males | 5-30 Members |
| 14 years + | 15 years + | 2008 or before | 4 | Senior Open | Female/Male | 5-24 Members |
| 12-18 years old | 13-19 years old | 6/1/03-2010 | 4.2 | Senior | No Males | 5-30 Members |
| 12-18 years old | 13-19 years old | 6/1/03-2010 | 4.2 | Senior Co-Ed | 1 or more Males | 5-30 Members |
| 9-11 years old | 10-12 years old | 2010-2013 | 5 | Youth | Female/Male | 5-38 Members |
| 9-15 years old | 10-16 years old | 2006-2013 | 5 | Junior | Female/Male | 5-38 Members |
| 12-18 years old | 13-19 years old | 6/1/03-2010 | 5 | Senior | No Males | 5-38 Members |
| 12-18 years old | 13-19 years old | 6/1/03-2010 | 5 | Senior Co-Ed | 1 or more Males | 5-38 Members |
| 14 years + | 15 years + | 2008 or before | 5 | Senior Open | No Males | 5-24 Members |
| 14 years + | 15 years + | 2008 or before | 5 | Senior Open Co-Ed | 1 or more Males | 5-24 Members |
| 9-15 years old | 10-16 years old | 2006-2013 | 6 | Junior | No Males | 5-38 Members |
| 9-15 years old | 10-16 years old | 2006-2013 | 6 | Junior Co-Ed | 1 or more Males | 5-38 Members |
| 13-18 years old | 14-19 years old | 6/1/03-2009 | 6 | Senior XSmall * | No Males | 5-16 Members |
| 13-18 years old | 14-19 years old | 6/1/03-2009 | 6 | Senior Small * | No Males | 17-22 Members |
| 13-18 years old | 14-19 years old | 6/1/03-2009 | 6 | Senior Medium * | No Males | 23-30 Members |
| 13-18 years old | 14-19 years old | 6/1/03-2009 | 6 | Senior Large * | No Males | 31-38 Members |
| 13-18 years old | 14-19 years old | 6/1/03-2009 | 6 | Senior XSmall Co-Ed * | 1-2 Males | 5-16 Members |
| 13-18 years old | 14-19 years old | 6/1/03-2009 | 6 | Senior Small Co-Ed * | 1-5 Males | 5-22 Members |
| 13-18 years old | 14-19 years old | 6/1/03-2009 | 6 | Senior Medium Co-Ed * | 1-8 Males | 5-30 Members |
| 13-18 years old | 14-19 years old | 6/1/03-2009 | 6 | Senior Large Co-Ed * | 1-19 Males | 5-38 Members |
| 14 years + | 15 years + | 2008 or before | 6 | Senior Open * | No Males | 5-24 Members |
| 14 years + | 15 years + | 2008 or before | 6 | Senior Open Small Co-Ed * | 1-4 Males | 5-24 Members |
| 14 years + | 15 years + | 2008 or before | 6 | Senior Open Large Co-Ed * | 5-12 Males | 5-24 Members |
| | | | | * Indicates Worlds Eligible Division | | |

USASF All Star Cheer ELITE TIER INTERNATIONAL Divisions 2022-2023

| US Model Target Ages | INT. Model Target Ages | Birth Year | Level | Division | Female/Male | Number on Team |
|----------------------|------------------------|----------------|-------|--------------------------------|-------------|----------------|
| 11-15 years old | 12-16 years old | 2006-2011 | 1 | U16 | Female/Male | 10-24 members |
| 13-17 years old | 14-18 years old | 2004-2009 | 1 | U18 | Female/Male | 10-24 members |
| 11-15 years old | 12-16 years old | 2006-2011 | 2 | U16 | Female/Male | 10-24 members |
| 11-15 years old | 14-18 years old | 2004-2009 | 2 | U18 | Female/Male | 10-24 members |
| 11-15 years old | 12-16 years old | 2006-2011 | 3 | U16 | Female/Male | 10-24 members |
| 13-17 years old | 14-18 years old | 2004-2009 | 3 | U18 | No males | 10-24 members |
| 13-17 years old | 14-18 years old | 2004-2009 | 3 | U18 Co-ed | Female/Male | 10-24 members |
| 11-15 years old | 12-16 years old | 2006-2011 | 4 | U16 | No Males | 10-24 members |
| 11-15 years old | 12-16 years old | 2006-2011 | 4 | U16 Co-ed | Female/Male | 10-24 members |
| 13-17 years old | 14-18 years old | 2004-2009 | 4 | U18 | No Males | 10-24 members |
| 13-17 years old | 14-18 years old | 2004-2009 | 4 | U18 Co-ed | Female/Male | 10-24 members |
| 14 years + | 15 years + | 2008 or before | 4 | International Open | No Males | 10-24 members |
| 14 years + | 15 years + | 2008 or before | 4 | International Open Co-Ed | Female/Male | 10-24 members |
| 13-17 years old | 14-18 years old | 2004-2009 | 6 | U18 NT | No Males | 10-30 members |
| 13-17 years old | 14-18 years old | 2004-2009 | 6 | U18 Co-ed NT | 1-20 Males | 10-30 members |
| 14 years + | 15 years + | 2008 or before | 6 | International Open | No Males | 10-24 members |
| 14 years + | 15 years + | 2008 or before | 6 | International Open Small Co-Ed | 1-4 Males | 10-24 members |
| 14 years + | 15 years + | 2008 or before | 6 | International Open Large Co-Ed | 5-16 Males | 10-24 members |
| 14 years + | 15 years + | 2008 or before | 6 | International Open NT | No Males | 10-30 members |
| 14 years + | 15 years + | 2008 or before | 6 | International Open Co-Ed NT | 1-20 Males | 10-30 members |
| 14 years + | 15 years + | 2008 or before | 6 | International Global | No Males | 10-24 members |
| 14 years + | 15 years + | 2008 or before | 6 | International Global Co-Ed | 1-16 Males | 10-24 members |
| 16 years + | 17 years + | 2005 or before | 7 | International Open | No Males | 10-24 members |
| 16 years + | 17 years + | 2005 or before | 7 | International Open Small Co-Ed | 1-4 Males | 10-24 members |
| 16 years + | 17 years + | 2005 or before | 7 | International Open Large Co-Ed | 5-16 Males | 10-24 members |

USASF sanctioned events may **ONLY** offer these International divisions. All divisions offered by the IASF are **not** all offered at USASF sanctioned events. Please see the International division list on this page to ensure division offerings at USASF sanctioned events. Competitions that follow IASF Guidelines may have additional rules/ restrictions for the International Divisions. Please check with the Event Producer directly for further information.

Please note the following:

- Minimum number of athletes for all divisions is 10. A penalty may be assessed for taking the floor with fewer than 10 athletes.
- The maximum numbers of males on a Co-Ed Division team may not exceed 2/3 of the total athletes on the team.
- Routine time limit for International Divisions is a maximum of 2:30.
 - Exception: Routine time limit for NON - TUMBLING Divisions is a maximum of 2:00.
 - Exception: Global Divisions - Time Limit: 3:30. Cheer = 30 seconds(minimum) 40 second (maximum), 20 seconds to move from cheer to and set for music portion, 2:30 maximum for music portion.

"U Format": Please note there is still a bottom age for these divisions. Use the Birth Year Column to verify athlete eligibility for all divisions.

USASF All Star Cheer PREP TIER Divisions 2022-2023

| US Model Target Ages | INT. Model Target Ages | Birth Year | Level | Division | Female/Male | Number on Team |
|----------------------|------------------------|-------------|-------|----------|-------------|----------------|
| 5-6 years old | 6-7 years old | 2015-2017 | 1.1 | Tiny | Female/Male | 5-30 Members |
| 6-8 years old | 7-9 years old | 2013-2016 | 1.1 | Mini | Female/Male | 5-30 Members |
| 6-11 years old | 7-12 years old | 2010-2016 | 1.1 | Youth | Female/Male | 5-30 Members |
| 7-15 years old | 8-16 years old | 2006-2015 | 1.1 | Junior | Female/Male | 5-30 Members |
| 10-18 years old | 11-19 years old | 6/1/03-2012 | 1.1 | Senior | Female/Male | 5-30 Members |
| 6-8 years old | 7-9 years old | 2013-2016 | 2.1 | Mini | Female/Male | 5-30 Members |
| 6-11 years old | 7-12 years old | 2010-2016 | 2.1 | Youth | Female/Male | 5-30 Members |
| 7-15 years old | 8-16 years old | 2006-2015 | 2.1 | Junior | Female/Male | 5-30 Members |
| 10-18 years old | 11-19 years old | 6/1/03-2012 | 2.1 | Senior | Female/Male | 5-30 Members |
| 6-8 years old | 7-9 years old | 2013-2016 | 2.2 | Mini | Female/Male | 5-30 Members |
| 6-11 years old | 7-12 years old | 2010-2016 | 2.2 | Youth | Female/Male | 5-30 Members |
| 7-15 years old | 8-16 years old | 2006-2015 | 2.2 | Junior | Female/Male | 5-30 Members |
| 10-18 years old | 11-19 years old | 6/1/03-2012 | 2.2 | Senior | Female/Male | 5-30 Members |
| 6-11 years old | 7-12 years old | 2010-2016 | 3.1 | Youth | Female/Male | 5-30 Members |
| 7-15 years old | 8-16 years old | 2006-2015 | 3.1 | Junior | Female/Male | 5-30 Members |
| 10-18 years old | 11-19 years old | 6/1/03-2012 | 3.1 | Senior | Female/Male | 5-30 Members |
| 6-11 years old | 7-12 years old | 2010-2016 | 3.2 | Youth | Female/Male | 5-30 Members |
| 7-15 years old | 8-16 years old | 2006-2015 | 3.2 | Junior | Female/Male | 5-30 Members |
| 10-18 years old | 11-19 years old | 6/1/03-2012 | 3.2 | Senior | Female/Male | 5-30 Members |

Please refer to the USASF 2022-2023 Cheer Rules for routine rules and guidelines. The specific page number is referenced in the Table of Contents of the USASF 2022-2023 Cheer Safety Rules.

ALL STAR CHEER PREP GUIDELINES

- All teams are combined female/male - prep teams will not be classified as co-ed, regardless of the number of males on a team.

USASF All Star Cheer NOVICE TIER Divisions 2022-2023

| US Model Target Ages | INT. Model Target Ages | Birth Year | Level | Division | Female/Male | Number on Team |
|----------------------|------------------------|-------------|------------------|----------|-------------|----------------|
| 3-6 years old | 4-7 years old | 2015-2019 | 1 w/Restrictions | Tiny | Female/Male | 3 + Members |
| 6-8 years old | 7-9 years old | 2013-2016 | 1 w/Restrictions | Mini | Female/Male | 5 + Members |
| 6-11 years old | 7-12 years old | 2010-2016 | 1 w/Restrictions | Youth | Female/Male | 5 + Members |
| 7-15 years old | 8-16 years old | 2006-2015 | 1 w/Restrictions | Junior | Female/Male | 5 + Members |
| 10-18 years old | 11-19 years old | 6/1/03-2011 | 1 w/Restrictions | Senior | Female/Male | 5 + Members |
| 6-8 years old | 7-9 years old | 2013-2016 | 2 w/Restrictions | Mini | Female/Male | 5 + Members |
| 6-11 years old | 7-12 years old | 2010-2016 | 2 w/Restrictions | Youth | Female/Male | 5 + Members |
| 7-15 years old | 8-16 years old | 2006-2015 | 2 w/Restrictions | Junior | Female/Male | 5 + Members |
| 10-18 years old | 11-19 years old | 6/1/03-2011 | 2 w/Restrictions | Senior | Female/Male | 5 + Members |
| 6-11 years old | 7-12 years old | 2010-2016 | 3 w/Restrictions | Youth | Female/Male | 5 + Members |
| 7-15 years old | 8-16 years old | 2006-2015 | 3 w/Restrictions | Junior | Female/Male | 5 + Members |
| 10-18 years old | 11-19 years old | 6/1/03-2011 | 3 w/Restrictions | Senior | Female/Male | 5 + Members |

Please refer to the USASF 2022-2023 Cheer Rules for routine rules and guidelines. The specific page number is referenced in the Table of Contents of the USASF 2022-2023 Cheer Safety Rules.

ALL STAR NOVICE GUIDELINES

- All teams are combined female/male - novice teams will not be classified as co-ed, regardless of the number of males on a team.
- An Event Producer may offer a team of less than 5 participants, as long as they meet the age restrictions of the Age Grid. Prior approval from the Event Producer is required.

ALL STAR NOVICE SELECT

- The USASF will be offering a Novice Select option that will be available to all USASF Member Programs. This resource will provide music, a framework of a Novice routine and a skill list to choose from. This was created to help newer coaches/programs learn how to put together routines while reducing the cost of music and choreography fees.
- The Novice Select routines will perform in the Novice Divisions.

PAYMENTS: *Every family will be required to have a credit card/debit card of file to ensure payment is collected in a timely manner.*

1. **Electronic Payments:** All monthly tuition paid to CEA Maryland for all-star cheerleading will be done electronically on the 1st day of every month through a bank draft or credit card. Competition fees are typically drafted on the 15th of the month beginning July 15th.
2. **2022-2023 All-Star Cheerleading Pricing:**
 - The all-star program is offered as an 11- month program with payments due monthly from June 2022 through April 2023.
 - **Annual Registration Fee:**
 - **Early Bird:** \$50.00 per child – **On Time:** \$60.00 per child
 - **Tuition Monthly, Competition and other Fees please see our 2022-2023 Price Schedule:**
3. **NSF / Returned Transactions:** CEA Maryland/Unique transacts business with its bank and on-line merchant processors and will pass along any NSF fees. The fee will be \$35.00 per occurrence.
4. **Termination: Membership** to the all-star cheerleading program may be terminated at any time with a 30-day written notice or email before February 1, 2023 to:
 - cea-md@uniquesportsacademy.com or payments@uniquesportsacademy.com
 - All fees will continue to be drafted during the 30-day period.
5. **Refunds:** There are no refunds of competition fees or registration fees to anyone who leaves the program regardless of the date of leaving the program. Anyone who leaves or is dismissed is responsible for payment of the final month and all outstanding debts. Please refer to terms & conditions for reasons an athlete can be dismissed.
6. **Appearance:** Jewelry is not allowed at practice or at competition; please refrain from having your child get a new piercing during competition season.
 - Your child's hair color must stay a natural color throughout the competition season. No blues/purples/pinks/other exotic colors will be allowed on stage.
 - Please ensure your undergarments (bras/undergarments/etc.) are hidden under the uniform that you are wearing and NOT VISIBLE.
 - When walking around at competitions, teams must dress the same. Each athlete wearing a crop top uniform is mandated by the USASF to have a cover-up while walking around the competition.

7. **Attendance:** We adhere to a strict attendance policy for all teams. After 2 unexcused absences, we will have a fill in and begin learning the routine. After 3 absences, the child will be removed from the following competition and the coaches will discuss removal. We have many all-stars who have never missed a practice (if you can believe that). Excused absences must be known 2 weeks prior to the absence and must be accompanied by a documented absence form available at the front desk. A child with a sickness/injury on the day of a practice must come to the next practice with a doctor's note for it to be excused. Death in the family and family emergencies are obviously excused.

8. Apparel Fees:

- Program Uniforms are NEW for the 2022-2023 Season EXCEPT Tiny Novice and Tiny Prep Teams.
- Program Uniforms Price Range: \$385 - \$400
- Tiny Novice and Tiny Prep Price Range: \$240

- World's Uniforms and Bows are NEW for the 2022-2023 Season
- World's Uniform Price Range: TBD last price was \$555

- No Limit Tumbling Cheer Shoes are the NEW Cheer Shoe for CEA Maryland 2022-2023 Season
- Cheer Shoe Price Range: \$50 and up
- Cheer Shoe Fitters will be available in the Pro Shop Soon!!!

- Practice Wear/Practice Bows: More Information to Come. Last season non-travel teams purchased 2 sets of practice wear and Travel Teams purchased 3 sets if practice wear.

- Competition Bows: TBD

TEAM LOGOS AND NAMES

Cheer Extreme All Stars, Cheer Extreme Maryland and Cheer Extreme Maryland team names are proprietary. No individual, company or group is authorized to create apparel or gear bearing a Cheer Extreme All Stars, Cheer Extreme Maryland logo or team name without prior approval from Lisa Shaw. All apparel and gear must be purchased through the Cheer Extreme Maryland/Unique Sports Academy Pro Shop.



Cheer Extreme Maryland

2022-2023 Price Schedule

| | Tiny | Mini | Non-Travel Teams | Travel Teams | Worlds Teams |
|---|--------------------|--------------------|---------------------|--------------------|--------------------|
| Annual Registration (Due at Try Outs) | | | | | |
| <i>\$10 discount if paid by 5/19/2022</i> | \$ 60.00 | \$ 60.00 | \$ 60.00 | \$ 60.00 | \$ 60.00 |
| Tuition (Monthly) | \$ 90.00 | \$ 95.00 | \$ 170.00 | \$ 180.00 | \$ 200.00 |
| Crossover Fees (Monthly) | \$ 30.00 | \$ 30.00 | \$ 30.00 | \$ 30.00 | \$ 30.00 |
| Choreography/Music/Stunt Clinic | \$ 330.00 | \$ 335.00 | \$ 420.00 | \$ 450.00 | \$ 600.00 |
| Estimated Competition Fees* | \$ 750.00 | \$ 800.00 | \$ 1,100.00 | \$ 1,400.00 | \$ 1,500.00 |
| 2022 - 2023 Total Estimated Fees | \$ 2,130.00 | \$ 2,240.00 | \$ 3,450.00 | \$ 3,890.00 | \$ 4,360.00 |
| 2022 - 2023 Total Estimated Fees Payment | | | | | |
| Plan 1 | \$ 1,980.00 | \$ 2,085.00 | \$ 3,220.00 | \$ 3,650.00 | \$ 4,100.00 |
| <i>Pay in full no later than July 31, 2022. Receive April tuition free.</i> | | | | | |
| <i>Additional comp fees may be incurred for teams earning a bid to year end national competitions (Worlds, Summit, The One).</i> | | | | | |
| 2022 - 2023 Total Estimated Fees Payment Plan 2 | | | | | |
| Monthly tuition due on the 1st. | | | | | |
| <i>(June 1, 2022 - April 1, 2022)</i> | \$ 90.00 | \$ 95.00 | \$ 170.00 | \$ 180.00 | \$ 200.00 |
| Comp/Choreography/Music/ Stunt Fees | | | | | |
| <i>(5 payments July - November, 2022 due on the 15th)</i> | \$ 180.00 | \$ 190.00 | \$ 255.00 | \$ 310.00 | \$ 350.00 |
| Comp/Choreography/Music/ Stunt Fees | | | | | |
| <i>(Final payment December, 2022 due on the 15th)</i> | \$ 180.00 | \$ 185.00 | \$ 245.00 | \$ 300.00 | \$ 350.00 |
| Signed Contracts due June 30, 2022. Financial questions? Email: payments@uniquesportsacademy.com | | | | | |
| All other questions email: CEA-MD@uniquesportsacademy.com | | | | | |
| *Uniforms, practice wear, practice bows and competition bows are not included. | | | | | |
| ** Additional comp fees may be incurred for teams earning a bid to year end national competitions (Worlds, Summit, The One). | | | | | |
| *** \$35 Late fee will be charged on fees not paid within 5 days after the due date | | | | | |
| **** Each athlete is responsible for registering with USASF (\$30) | | | | | |
| Competition Fees are estimated and may increase or decrease, but we hope to have more concrete pricing by July 31, 2022. | | | | | |