

What a way to kick off the **2020-2021 Season**. Our evaluations were a huge success and we are very excited to start our **June Teal Training Month at Cheer Extreme Maryland**.

**June's Teal Level Training** – this gives our athletes the month to sharpen skills, possibly level up, and achieve goals. Some athletes may have not felt they had their best try out so this is the opportunity for them to have quality time before we do our final postings.

**Important Notes:**

- Your athlete's number is posted instead of their name.
- An athlete's number was assigned at Evaluation and written on the letter sent home. Please reference that. If you do not have it please email [CEA-MD@uniquesportsacademy.com](mailto:CEA-MD@uniquesportsacademy.com) for assistance.
- If you have a conflict, question, concern etc. please email [CEA-MD@uniquesportsacademy.com](mailto:CEA-MD@uniquesportsacademy.com)
- Financial Questions please email [payments@uniquesportsacademy.com](mailto:payments@uniquesportsacademy.com)
- *Practice Wear:* What to wear? A fitted tank, t-shirt or a sports bra, athletic type shorts, and cheer shoes or light weight sneakers. Please have your athlete pull back their hair if it is short or pull it up if it is long. If your athletes have long braids they can braid them into one low ponytail if that is easier. Coaches always prefer a bow in your hair. Try to stay in the color schemes of Teal, Black and White just to help with "team look".
- June training days and times are listed under each Level Team.
- Entrance and Exit Doors are listed per team and per day to help with the flow of traffic and keep our viewing areas not crowded.
- If beside your name there is an asterisk\* re-evaluations will be during June.
- If you are a crossover please check more than one team for your number.
- Primary Crossover team will be announced at Teal Reveal.
- Teal Reveal (Teams Finalized) will be on Wednesday, June 30  
(More Info to Follow)

**June Level Training:**

Mondays: June 7, June 14, June 21 and June 28.

Times: 5:45 – 7:30 ~ Entrance and Exit Through Back Door

June's Parent Spectator Policy:

One (1) Parent Only (Limited Space) (Seating in Loft or Bleachers, NOT Walkways)

**Level 1 Tiny's Teal Training:**

301
302
303
304
305
308
310
314
316
322
326
329
330
331
335
338
347
350
382
385

**June Level Training:**

Mondays: June 7, June 14, June 21 and June 28

Times: 5:45 – 7:30 ~ Entrance and Exit Through Back Door

**June's Parent Spectator Policy:**

One (1) Parent Only (Limited Space) (Seating in Loft or Bleachers, NOT Walkways)

**Level 1 Mini's Teal Training:**

306
307
309
312
313
315
320
321
323
327
328
333
337
341
342
343
344
345
346
363
381
424
425
446

**June Level Training: Two (2) nights per week in June**

Tuesday June 1, June 8, June 15 and June 22 ~~~ Entrance and Exit Through Back Door

Thursday June 3, June 10, June 17 and June 24 ~~~ Entrance and Exit Through Front Door

Times: 5:45 – 7: 30 ~~

**June's Parent Spectator Policy:**

One (1) Parent Only (Limited Space) (Seating in Loft or Bleachers, NOT Walkways)

**Level 1 and 2.1 Teal Training ~~~**

319
351
355
359
360
362
364
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368
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370 *
372
375
376
377
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380
388
390
393
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400
444

106
203
403
405
418
419
426
430
431
435
436
441
443
445

**June Level Training: Two (2) nights per week in June**

Tuesday June 1, June 8, June 15 and June 22

Wednesday June 2, June 9, June 16 and June 23

Times: 5:45 – 7: 30 ~~ Entrance and Exit Through Back Door

**June's Parent Spectator Policy:**

One (1) Parent Only (Limited Space) (Seating in Loft or Bleachers, NOT Walkways)

**Level 2 Teal Training ~~~**

317
324
332
336
339
340
348
349
352
353
354
356
357
358
378
383
384
391
392
397
398
399

108
408
410*
411*
415
416*
417*
420
427
434
438

**June Level Training: Two (2) nights per week in June**

Wednesday June 2, June 9, June 16 and June 23 Times: 5:45 – 7: 30

~~ Entrance Through Back Door/Exit Through Back Door

Thursday June 3, June 10, June 17 and June 24 Times: 5:45 – 7:30

~~ Entrance and Exit Through Front Door

**June's Parent Spectator Policy:**

One (1) Parent Only (Limited Space) (Seating in Loft or Bleachers, NOT Walkways)

**Level 3 Teal Training ~~~**

311
318
325
334
361
374
386
396

105
112
205
206
207
208
210
223
226
373
395
404
406
409
412
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421
422
423
429
437
451
454

**June Level Training: Two (2) nights per week in June**

Monday June 7, June 14, June 21 and June 28 Times: 7:30 – 9:15

~~ Entrance and Exit Through Front Door

Wednesday June 2, June 9, June 16 and June 23 Times: 7:30 – 9:15

~~ Entrance and Exit Through Front Door

**June's Parent Spectator Policy:**

One (1) Parent Only (Limited Space) (Seating in Loft or Bleachers, NOT Walkways)

**Level 4 Teal Training ~~~**

116
117
204
222
226
371
373
387
389
401
402
407
413
414
423
428
433
447
448
449
450

***June Level Training: Two (2) nights per week in June***

Monday June 7, June 14, June 21 and June 28 Times: 7:30 – 9:15

~~ Entrance and Exit Through Front Door

Wednesday June 2, June 9, June 16 and June 23 Times: 7:30 – 9:15

~~ Entrance and Exit Through Front Door

**June's Parent Spectator Policy:**

One (1) Parent Only (Limited Space) (Seating in Loft or Bleachers, NOT Walkways)

**Level 5 Teal Training ~~~**

102
110
113
114
115
201
202
214
215
216
217
220
228
387
389
428
439
440

**June Level Training: Two (2) nights per week in June**

Tuesday June 1, June 8, June 15 and June 22 Times: 7:30 – 9:15

~~ Entrance and Exit Through Front Door

Thursday June 3, June 10, June 17 and June 24 Times: 7:30 – 9:15

~~ Entrance/Exit Through Front Door

**June's Parent Spectator Policy:**

One (1) Parent Only (Limited Space) (Seating in Loft or Bleachers, NOT Walkways)

**World's Teal Training ~~~**

101
102
109
114
118
119
201
202
212
213
214
215
216
219
228
453
475
476
484
485

103
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