



2020-2021 All-Star Cheerleading Evaluation Form

Cheerleader Name _____ Tryout Date _____

Date of Birth _____ Age as of December 31, 2020 _____

Interested in crossing over?* Yes No
Travel?** Yes No No Preference

*Please note that if you circle yes to cross over, your child may or may not be placed on two teams. The team selection is at the discretion of CEA MD. There may be additional fees.

**If you select yes or no preference for travel, your child may or may not be placed on a travel team. Placement on a travel team is not guaranteed. Travel Teams include additional fees.

Cheer Experience:

How many years? _____ Program Name? _____
What Level(s)? _____ What positions? Base / Flyer / Back (circle one)

Apparel Sizing:

Sports Bra Size: _____ Top Size: _____ Short Size: _____
Please Indicate Youth (Y) or Adult (A)

Evaluation:

Please indicate the level for which your athlete is being evaluated.

They will only be evaluated on skills performed without assistance.

1 2 3 4 5 6

STOP. Do Not Write Beyond This Point.

STAFF USE ONLY



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Level 1

***Participants will be asked to perform any of the following skills:**

- Cartwheels
- Round-Offs
- Back-Walkovers

Level 2

***Participants will be asked to perform all the skills with EXECUTION & TECHNIQUE:**

Standing Tumbling	Running Tumbling
<ul style="list-style-type: none"> <input type="checkbox"/> Back Handspring <input type="checkbox"/> Back Walkover Back-Handspring 	<ul style="list-style-type: none"> <input type="checkbox"/> Round-Off Back-Handsprings <input type="checkbox"/> Running Specialty Pass to 2 Back-Handsprings

Level 3

***Participants will be asked to perform all the skills with EXECUTION & TECHNIQUE:**

Standing Tumbling	Running Tumbling
<ul style="list-style-type: none"> <input type="checkbox"/> Toe-Touch 2 Back-Handsprings <input type="checkbox"/> Standing 3 Back-Handsprings 	<ul style="list-style-type: none"> <input type="checkbox"/> Round Off Back-Handspring Back Tuck <input type="checkbox"/> Running Specialty Pass to Back Tuck

Level 4

***Participants will be asked to perform all the skills with EXECUTION & TECHNIQUE:**

Standing Tumbling (Must perform 2)	Running Tumbling
<ul style="list-style-type: none"> <input type="checkbox"/> Toe Touch Back Handspring Back Tuck <input type="checkbox"/> Standing Tuck <input type="checkbox"/> 2 Back Handsprings to Tuck 	<ul style="list-style-type: none"> Round Off Back-Handspring Layout Running Specialty Pass to Layout

Level 5 (Formally known as Restricted 5)

***Participants will be asked to perform all the skills with EXECUTION & TECHNIQUE**

Standing Tumbling	Running Tumbling
<ul style="list-style-type: none"> <input type="checkbox"/> Toe- Touch Back Tuck <input type="checkbox"/> 2 Back Handsprings Back Layout 	<ul style="list-style-type: none"> <input type="checkbox"/> Round-Off Back Handspring Full



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Level 6 (Formally known as Level 5 Worlds) Ages 12 & up

***Participants will be asked to perform all the skills with EXECUTION & TECHNIQUE**

Standing Tumbling	Running Tumbling
<input type="checkbox"/> 2 Back-Handsprings to Full or Double <input type="checkbox"/> Standing Full or Toe-Touch Full (Optional) <input type="checkbox"/> 1 Back Handspring to Full	<input type="checkbox"/> Running Specialty Pass to Full <input type="checkbox"/> RoundOff Back-handspring Double Full or Specialty Pass to Double (Optional)

Evaluator Section

Evaluator Name: _____

Level Recommended: 1 2 3 4 5 6 **Other:**

Evaluator Comments:
