



# Tumbling & Trampoline Competitive Team

Here at Unique we offer the thrill of the sport of trampoline to those who dare. In a safe environment that challenges limits and promotes health, athletic development and personal growth. Jumping trampoline is the single best way to develop “air-sense” or body awareness in space, which is useful in any other sport, and in normal daily activities as well. Trampoline training builds body control and confidence that will help to navigate many physical obstacles in life.

We are proud to have a competitive Tumbling & Trampoline program that has produced National Finalists in trampoline, tumble and double– mini trampoline.

Here are the 4 events:

Individual Trampoline

Synchronized Trampoline

Power Tumbling

Double-Mini Trampoline

Check our website @uniquesportsacademy.com for a full description of events

For more information about possibly joining T&T team give us a call or stop by the front desk during our normal business hours Monday-Friday 5:00pm-9:00pm and Saturdays 9:00am-2:00pm

