

Recreational Gymnastics

Unique Sports Academy provides positive sports programs for children of all ages and abilities. Along with our Competitive All-Star Cheer and Competitive Gymnastics programs, we provide a wide-range of fun recreational-level sports clinics and classes. The goal of each program is for children to feel good about themselves, learn new skills, and to make fitness fun! Our well-trained staff and small class sizes help children grow physically, cognitively, socially and emotionally in a supportive environment. The structure of our classes help develop coordination, strength, balance, flexibility, poise, and agility while also helping children gain confidence, self-esteem, and self-worth. Children learn to follow directions, set goals, focus, accomplish things, and make new friends in the process. In addition, these classes provide young athletes the possibility to prepare for competitive teams if that is their desire

Fees

Our recreational programs are priced from \$182.00 for 45-minute classes to \$211.25 for 55-minute classes per 13-week session. There is a \$35 annual family registration fee. We also offer private tumbling lessons. Private lessons are \$40/half hour and \$70/hour.

For more information stop by the front desk or call during our normal business hours: Monday-Friday 5:00pm-9:00pm and Saturday 9:00am-2:00pm

Unique Sports Academy

109 D Post Office Rd. Waldorf MD 20602

(301)396-4934

Melanie.potts@uniquesportsacademy.com